

Monday

8:30am (3½ hrs) Little Learners (Calie)
 2:30pm (45min) Tiny Ninja (Cailie P)
 3:30pm (55 mins.) Beginning Gym (Calie)
 3:30pm (45 mins.) Twinklers (Cailee P)
 3:30pm (60 Mins) Intermediate (Stacy)
 4:15 (90 mins) Team Lv 2/3 (Kaelie/Cailee)
 4:30pm (55 min.) Kindergym (Calie)
 5:00pm (2 hrs) Team Lv 3/4 (Kaelie & Staff)
 5:30pm (45 min) Tiny Ninjas age 3-4yr (Calie)

Tuesday

10:00am (60min) Open Tots (Calie)
 11:30am (75 Min) Homeschool Fitness Class (Calie)
 12:15pm (75 Min) Homeschool Kickboxing (Charlie)
 1:30am (75 Min) Homeschool Fitness Class (Calie)
 1:30pm (75 Min) Homeschool Kickboxing (Charlie)
 3:30pm (55 min) Kindergym (Stacy)
 3:30pm (55min) Beginning Gym 1 & 2 (Emma & Cailee)
 4:15pm (90min)Team Lv 2/3 (Cailee P Kaelie N)
 4:30pm (55min) Kindergym (Tina)
 4:30pm (60 min) Interm/Adv (Stacy)
 5:00pm (2 hrs) Team Lv 3/4 (Kaelie N & Staff)
 5:30pm (45 min) Twinklers (Stacy)
 5:30pm (55 min) Kindergym (Cailee)

Saturday/Sunday

Birthdays Parties: \$325

\$50 Member Discount

12pm or 3pm start times

Contact us via email:

Starzgymsca@gmail.com

Ph: PH# 707-463-3303

More info at www.starzgymsca.com

See Website for class registrations, Prices and policies.

Updated 7-23-2024

Wednesday

8:30am (3 ½ hr) Little Learners (Calie)
 2:00pm (55 min) Beginning Gym (Tina)
 3:00pm (55 min) Ninja Challenge (Tina)
 3:30pm (55 min) Adv. kinder tumbling (Stacy)
 4:00pm (55 min.) Kindergym (Essie)
 4:30pm (45 min) Tumbling (Stacy)
 5:15pm (55 min) Tiny ninjas (Corrine)
 5:30pm (60 min) Int/Adv Kindergym (Stacy)
 6:00pm (55min) Beginning Gym (Tina)
 6:00pm (60 min) Intermediate (Stacy)

Thursday

3:30pm (55min) Beginning Gym (Stacy)
 3:30pm (45 min) Tiny Ninja 3-5yrs (Cailee P)
 4:15pm (90 Min) Team Lv 2 & 3 (Cailee P)
 4:30pm (55 min) Beginning Gym (Stacy)
 5:00pm (2hr) Team Lv 3/4 (Kaelie N & Staff)
 5:30pm (60 min) Intermediate (Stacy)
 5:30pm (55 min) Beginning Gym (Tina)

Friday

10:00am (60min) Open Tots (Calie)
 11:30am (75 Min) Homeschool Fitness Class (Calie)
 1:30am (75 Min) Homeschool Fitness Class (Calie)
 4:00pm (55 min) Kindergym (Essie & Emma)
 5:00pm (55 min) Tumbling Only (Essie & Emma)
 Make-Up Classes TBA

Saturday

10am (55min) Beginning Gym (Stacy/emma)
 10am (55 min) Kindergym (Essie & Emma)
 11am (45 min) Twinklers (Stacy)
 11am (45 min) Tiny Ninja (Essie/ Emma)